

2nd Annual Opioid & Pain Management Conference THE PATH FORWARD



Wilson Velazquez, MD
Course Director

February 8-9, 2019

Omni Corpus Christi Hotel
900 North Shoreline Blvd., Corpus Christi, TX 78401



TEXAS A&M UNIVERSITY
Coastal Bend
Health Education Center

COURSE OVERVIEW

EDUCATIONAL OBJECTIVES

- Examine strategies of first responders in combating opioid overdose and appraise the policy for naloxone in these cases.
- Evaluate emergency department management of opioid complications and assess how to curb the epidemic.
- Compare and contrast the reinforcing mechanisms of psychoactive drugs and examine the predominate classes of abused substances.
- Examine the ethical responsibility of the health care professional in regards to parental drug use and analyze the effects of maternal drug use on neonates, older children and the family.
- Explain how to use the Prescription Monitoring Program (PMP) to assist in making clinical decisions when prescribing or dispensing controlled substance prescriptions; and discuss the new official prescription forms that will become effective June 1, 2019.
- Identify aberrant medication behaviors in patients with chronic pain and demonstrate discussing opioid misuse, including treatment of pain without opioids.
- Apply exit strategies for opioid addicted chronic pain patients and justify referrals for addiction treatment.
- Analyze common risk factors in clinical scenarios of opioid overdose, and determine the role of naloxone prescribing and dispensing and treatment plan for overdose prevention.
- Assess possible overdose cases and apply the proper onsite response with justifications behind selected interventions.
- Discuss and analyze methods to engage in identifying and treating patients with opioid addictive behavior and integrate improved treatment strategies, including alternative therapies and lifestyle changes, to prevent opioid overdose and death.

COURSE DIRECTOR

Wilson Velazquez, MD

Anesthesiologist
Pain Management Specialist
Corpus Christi, TX

DISTINGUISHED FACULTY

Aaron Adamson, DO

QUESTCARE
Emergency Medicine
Fort Worth, TX

Joy P. Alonzo, RPh, MEngineering, PharmD

Clinical Assistant Professor
MHBH Peer Support Specialist/TX Recovery Coach
MHFA Instructor
Irma Lerma Rangel College of Pharmacy
Texas A&M University Health Science Center
Kingsville, TX

Allison Benz, RPh, MS

Executive Director/Secretary
Texas State Board of Pharmacy
Austin, TX

Ada Booth, MD, FAAP

Staff Physician-CARE TEAM
Driscoll Children's Hospital
Children's Physician Services of South Texas (CPSST)
Corpus Christi, TX

Katherine Y. Brown

Diversion Program Manager, Houston Division
Drug Enforcement Administration
Houston, TX

Steven L. Peterson, PhD

Professor and Associate Dean for Academic Affairs
Office of Academic Affairs
Irma Lerma Rangel College of Pharmacy
Texas A&M University Health Science Center
Kingsville, TX

Mark R. Reinhardt, DNP, RN, FNP-BC, CNS, CEN

Associate Professor
Department Chair & FNP Program Coordinator
Major, US Army (Ret)
Texas A&M University-Corpus Christi
College of Nursing & Health Sciences
Corpus Christi, TX

Albert Villarreal, Firefighter/EMT-P

Corpus Christi Fire Department
Corpus Christi, TX

Michael Weaver, MD, DFASAM

Professor, Department of Psychiatry
and Behavioral Sciences
Medical Director, Center for Neurobehavioral
Research on Addiction
McGovern Medical School
The University of Texas Health Science Center
at Houston
Houston, TX

OVERVIEW

EDUCATIONAL NEED AND PROGRAM GOAL

In 2016, approximately 2.1 million Americans had opioid use disorder and 11.5 million people reported that they had personally misused prescription opioids. Drug overdose deaths involving opioids accounted for 66 percent of all deaths from drug overdose in 2016. The largest number of these deaths were attributed to overdosing on synthetic opioids other than methadone, followed by commonly prescribed opioids and a smaller number attributed to overdosing on heroin (NCHS 2018).

In response to the rise in opioid overdoses, The Centers for Disease Control and Prevention (CDC) Vital Signs, March 2018 asks the question, "What Now?" They answered with "now" is the time to make coordinated and informed efforts with local emergency departments, first responders, substance abuse providers, local health care providers, state and federal regulatory agencies to manage and treat patients with chronic pain and prevent opioid overdoses and deaths.

This conference has been designed to provide health care professionals with current evidence-based information about the opioid crisis, its community impact and possible solutions.

TARGET AUDIENCE

This activity is designed for family practice, primary care physicians, hospitalists, internal medicine, other specialty physicians, physician assistants, nurse practitioners, nurses, pharmacists, pharmacy technicians, social workers and other interested health care professionals.

EDUCATIONAL METHODS

The format will consist of PowerPoint assisted lectures with question and answer sessions, an activity based session and a panel discussion. Participants will also take part in pre- and post-discussion questions facilitated by an audience response system.

ACCREDITATION STATEMENTS

Physicians: The Texas A&M Health Science Center (TAMHSC) Coastal Bend Health Education Center (CBHEC) is accredited by the Texas Medical Association to provide continuing medical education for physicians.

TAMHSC CBHEC designates this live educational activity for a maximum of 10.0 AMA PRA Category 1 Credit(s)[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

The presentations entitled, "Parental Drug Use: How Does It Affect The Children" and "Approach to the Patient with Chronic Pain and Problems with Opioids" are each designated as 1.0 hour of education in medical ethics and/or professional responsibility.

Family Physicians: Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.



Pharmacists: The Texas A&M Health Science Center Coastal Bend Health Education Center is accredited by the

Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education.

The Opioid and Pain Management Conference has been accredited for up to 10.0 contact hours of ACPE continuing pharmacy education. In order to receive continuing pharmacy education credit, pharmacists must participate in the session(s) and complete a reporting form and program evaluation at the conclusion of the conference. This activity is knowledge based.

The activity entitled, "Medication assisted treatment (MAT) with naloxone," UAN: 0834-0000-008-L01-P, has been accredited for 1.5 contact hours of ACPE continuing pharmacy education. This activity is application based.

The presentation entitled, "Update on the Texas Prescription Monitoring Program," 0834-0000-19-005-L03-P, is designated as 1.0 hour of law.



Pharmacy Technicians: The Texas A&M Health Science Center Coastal Bend Health Education Center is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education.

The Opioid and Pain Management Conference has been accredited for up to 10.0 contact hours of ACPE continuing pharmacy education. In order to receive continuing pharmacy education credit, pharmacy technicians must participate in the session(s) and complete a reporting form and program online evaluation at the conclusion of the conference. This activity is knowledge based.

The activity entitled, "Medication assisted treatment (MAT) with naloxone," UAN: 0834-0000-008-L01-T, has been accredited for 1.5 contact hours of ACPE continuing pharmacy education. This activity is application based.

The presentation entitled, "Update on the Texas Prescription Monitoring Program," 0834-0000-19-005-L03-T, is designated as 1.0 hour of law.

Nursing: Texas A&M University-Corpus Christi College of Nursing and Health Sciences (TAMU-CC CONHS) is an approved provider of continuing nursing education by the Texas Nurses Association-Approver, an accredited approved approver by the American Nurses Credentialing Center's Commission on Accreditation. TAMU-CC CONHS Approved Provider will offer up to 10.0 contact hours.

Social Workers: Driscoll Children's Hospital, CARE Team, is an approved provider of continuing education by the Texas Board of Social Work Examiners.

This activity is approved for a total of 10 contact hours. Requirements to receive contact hours include signing in each day and completion of the course evaluation.

The presentations entitled, "Parental Drug Use: How Does It Affect The Children" and "Approach to the Patient with Chronic Pain and Problems with Opioids" are each designated as 1.0 hour of education in medical ethics and/or professional responsibility.

AGENDA

FRIDAY, FEBRUARY 8, 2019

- 12:00–1:00 PM** **Registration**—Nueces Foyer (pre-function)
Refreshments, visit exhibitors
- 12:45–1:00 PM** **Welcome**—Nueces Ballroom
- 1:00–2:00 PM** **EMS: Problem, or part of the solution?**
Albert Villarreal, Firefighter/EMT-P
UAN: 0834-0000-19-001-L04-P, 0834-0000-19-001-L04-T
- 2:00–3:00 PM** **Opioids in the emergency department**
Aaron Adamson, DO
UAN: 0834-0000-19-002-L04-P, 0834-0000-19-002-L04-T
- 3:00–3:15 PM** **Break**—Nueces Foyer (pre-function)
Refreshments, visit exhibitors
- 3:15–4:15 PM** **Reinforcing mechanisms of psychoactive drugs**
Steven Peterson, PhD
UAN: 0834-0000-19-003-L01-P, 0834-0000-19-003-L01-T
- 4:15–5:15 PM** **ETHICS**
Parental drug use: How does it affect the children?
Ada Booth, MD, FAAP
UAN: 0834-0000-19-004-L04-P, 0834-0000-19-004-L04-T
- 5:15 PM** **Adjourn**

SATURDAY, FEBRUARY 9, 2019

- 7:15–7:45 AM** **Registration**—Nueces Foyer (pre-function)
Continental breakfast, visit exhibitors
- 7:45–8:00 AM** **Welcome**—Nueces Ballroom
- 8:00–9:00 AM** **LAW**
Update on the Texas Prescription Monitoring Program
Allison Benz, RPh, MS
UAN: 0834-0000-19-005-L03-P, 0834-0000-19-005-L03-T
- 9:00–10:00 AM** **The current state of prescription opioid abuse**
Katherine Brown, DEA Diversion Program Manager
UAN: 0834-0000-19-006-L04-P, 0834-0000-19-006-L04-T
- 10:00–10:15 AM** **Break**—Nueces Foyer (pre-function)
Refreshments, visit exhibitors
- 10:15–11:15 AM** **ETHICS**
Approach to the patient with chronic pain and problems with opioids
Michael Weaver, MD, DFASAM
UAN: 0834-0000-19-007-L04-P, 0834-0000-19-007-L04-T
- 11:15 AM–12:00 PM** **Medication assisted treatment (MAT) with naloxone—lecture**
Joy Alonzo, MEngineering, PharmD
UAN: 0834-0000-19-008-L01-P, 0834-0000-19-008-L01-T
- 12:00–1:00 PM** **Catered lunch**—Corpus Christi Ballroom A
- 1:00–1:45 PM** **Medication assisted treatment (MAT) with naloxone—activity**
Joy Alonzo, MEngineering, PharmD
UAN: 0834-0000-19-008-L01-P, 0834-0000-19-008-L01-T
- 1:45–2:15 PM** **Community resources and tools for managing patients taking or abusing opioids**
Mark Reinhardt, DNP
UAN: 0834-0000-19-009-L04-P, 0834-0000-19-009-L04-T
- 2:15–3:15 PM** **PANEL DISCUSSION**
A real epidemic: What can we do?
Moderator: Wilson Velazquez, MD
Panelists: Aaron Adamson, DO, Joy Alonzo, MEngineering, PharmD, Albert Villarreal, EMT-P, Michael Weaver, MD, DFASAM
UAN: 0834-0000-19-010-L04-P, 0834-0000-19-010-L04-T
- 3:15 PM** **Adjourn**

REGISTRATION

REGISTRATION OPTIONS

Online: cbhec.tamhsc.edu/store

Mail: Make check payable to TAMHSC CBHEC
P.O. Box 2565, Corpus Christi, TX 78403

On-site: Cash, check or credit card accepted

Registration fees include: breakfast, refreshment breaks, lunch and free password-protected Wi-Fi.

Special note: The Coastal Bend Health Education Center has gone “green.” **There will be no printed materials.** All conference information and educational materials will be available on the Whova Mobile Event App. More information will be sent to registered attendees via the email provided at registration.



		Early registration deadline: 1/28/19 by 3 pm CST	Regular registration deadline: 2/7/19 by 3 pm CST	Onsite registration begins 2/8/19 at 7:15 am
Physicians, Pharmacists, PhD, NPs, PAs	<input type="checkbox"/> Full Conference	\$300	\$350	\$450
	<input type="checkbox"/> Friday Only	\$150	\$200	\$300
	<input type="checkbox"/> Saturday Only	\$200	\$250	\$350
Nurses	<input type="checkbox"/> Full Conference	\$275	\$325	\$425
	<input type="checkbox"/> Friday Only	\$125	\$175	\$275
	<input type="checkbox"/> Saturday Only	\$175	\$225	\$325
Social Workers	<input type="checkbox"/> Full Conference	\$250	\$300	\$400
	<input type="checkbox"/> Friday Only	\$100	\$150	\$250
	<input type="checkbox"/> Saturday Only	\$150	\$200	\$300
Pharm Techs, Other or Students* <small>*attends school and is not yet certified in any health care field</small>	<input type="checkbox"/> Full Conference	\$150	\$200	\$300
	<input type="checkbox"/> Friday Only	\$75	\$100	\$200
	<input type="checkbox"/> Saturday Only	\$100	\$125	\$225

REGISTRATION FORM for mail and on-site registration only. Please type or print clearly.

Name _____

Title/specialty _____

Address _____

City/State/ZIP _____

Email address _____ Daytime phone number _____

Special dietary considerations _____

Cancellation policy: Notification of registration cancellation must be received by **January 18, 2019** to obtain a refund, minus a \$50 administration fee. No refunds will be made after this date. A W-9 form will be requested in order to process your refund. Questions? Please call (361) 561-8591.

Accommodations: A limited number of rooms are being offered to conference attendees at the Omni Corpus Christi Hotel for the special rate of \$110 for single and \$129 for double. Concessions include complimentary Wi-Fi and complimentary airport shuttle. The hotel will provide complimentary self-parking based on availability. Reservations must be made by **Monday, January 7, 2019**.

Reservations may be made, modified or canceled by individuals by calling Omni Reservations at 1-800-THE-OMNI, or, to make online reservations, follow this link: omnihotels.com/hotels/corpus-christi/meetings/opioid-pain-management-conference.

Grantor acknowledgement: There is no commercial support for this activity at the time of printing.

Photo Release: The event organizers and other participants may take photographs during the event. By registering for this event, you give consent for the organizers, sponsors and other participants to publish these photos in printed materials or on the internet without additional notice. Individuals will never be named in any photo unless prior written consent has been obtained. If you do not wish to appear in any photos, please contact the Coastal Bend Health Education Center and inform the event staff during registration.

Disclosure statement: The Texas A&M Coastal Bend Health Education Center and conference planning committee reserve the right to cancel this conference in the event of unforeseen or extenuating circumstances. Topics and speakers may be substituted or rearranged as necessary in order to preserve quality continuing education.



COASTAL BEND HEALTH EDUCATION CENTER

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Corpus Christi, TX 78403